

Supervision Certificate Course Outline

- Day 1** Introductions, Goals, Definitions of supervision, Where are you now as a supervisor? Who are you as a supervisor? Theoretical frameworks, Introducing a supervision model, Getting started, Support needed.
- Day 2** Meeting the Supervisee - Values and assumptions, Ethics and boundaries, Building a working alliance, Different supervisory contexts, individual and group supervision.
- Day 3** Meeting the Supervisee - Roles and responsibilities, Contracting, Working with trainees at different developmental stages.
- Day 4** Working Cross-Culturally and with Difference, Supervising in organisational, training, volunteer contexts and supervising counsellors for brief or time limited work.
- Day 5** Unconscious processes and Parallel process, Creative methods in supervision.
- Day 6** Monitoring, Evaluating, Assessing and Reviewing, Evaluation and Assessment of the Supervisee; Supervisor evaluation and supervision review; Overall Self Assessment. Action plans.

The course will be made up of tutor input, exercises, group discussion and practicing supervision skills. There will be plenty of support and opportunity for supervision of your supervision either in live role plays or by bringing tapes of your supervision work to the course. There will be two pieces of written work to complete – one short book review (750 words) and one essay (no more than 2000 words) from a choice of topics. There will be a book list and handouts provided throughout.

Francesca Hannah TSTA

http://www.horizonscounselling.com/supervision_certificate.html